the HIDDEN DANGERS of THIRDHAND SMOKE

LEARN THE FACTS ABOUT THIRDHAND SMOKE:

- Thirdhand smoke adheres to clothing, hair, skin, furniture, carpet, vehicles, and many other surfaces.1
- The chemicals in thirdhand smoke are carcinogenic and can be released back into the air we breathe.1,2
- Exposure to thirdhand smoke, as well as secondhand smoke, places infants and children at a greater risk for developing tobacco related health problems, including cancer.3
- Infants and children have a greater risk of exposure from being held and crawling on surfaces where thirdhand smoke residue is likely to remain.1
- Babies can ingest toxic tobacco residue by putting exposed hands and contaminated objects in their mouths, and by breathing toxic dust on the floor.1

TIPS FOR PROTECTING YOUR FAMILY:

- Do not allow anyone to smoke near your child.
- Ask smokers to wash their hands and hair and change clothes before holding your baby.
- Do not smoke or allow others to smoke in your home or car. Opening a window does not protect your children from smoke. Louisiana ACT 838 prohibits smoking in a motor vehicle when children under 13 are in the vehicle.
- Use a tobacco-free day care center.
- Do not take your child to homes or public places that allow smoking inside.
- Teach children to stay away from secondhand smoke.

References